



**NEW HAMPSHIRE
ALPINE RACING ASSOCIATION**

2011-2012

www.nhalpine.org



Welcome to the 2011-2012 competition ski season. Every so often NHARA recognizes an individual whose passion and contributions to the sport of ski racing in New Hampshire deserve recognition. As such, this year's NHARA handbook is dedicated to Jeff Brimblecom, NHARA treasurer. Jeff has been involved with ski racing for many years, first at the club level, beginning with the McIntyre Ski Team and then taking a leadership role with the Ragged Mountain Ski Club.

When the position of NHARA treasurer opened, Jeff was seen as a natural fit for the job. Working with then NHARA president Alex Bass, Jeff set about creating and implementing a more manageable process for handling NHARA's finances. These changes have allowed NHARA to provide much needed financial support to its athletes who compete at the national team levels each year.

If you're a frequent visitor to the NHARA web site, you have no doubt noticed the many changes that have evolved there over the past several years. Jeff has been instrumental in developing and implementing a centralized NHARA office that has up to date computer software supporting online membership and race entry programs which provides one stop shopping for many of our members. Our sincere thanks, Jeff, for all you've done for NHARA and your continued efforts to organize, automate and simplify the process.

Looking ahead, as the start of another season approaches, I would like to take this opportunity to wish you all every success. As we know, success is not something that is given. Success has to be earned through setting goals, hard work, commitment and sacrifice.

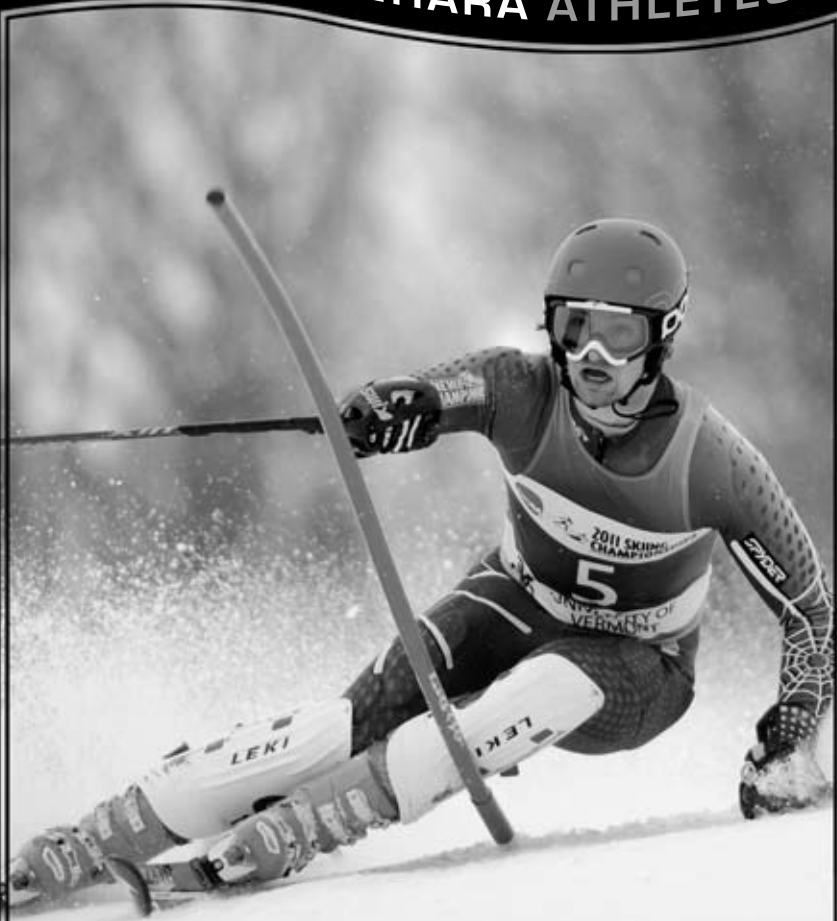
It is no secret that NHARA is fortunate to have many of the best coaches, programs, training and competition venues anywhere in the United States. Our coaches work hard both on and off the hill to develop programs that will help our athletes achieve their goals, reach their potential and find success. Through all of this we develop healthy competitive rivalries and friendships that will last a lifetime. We need only to look at the Pat Harty and MJ's to see how the common bond of ski racing brings back athletes to compete and renew old friendships year after year. To all, we wish you the best of luck - work hard, have fun ski fast!

"In the end, it's extra effort that separates a winner from second place. But winning takes a lot more than that, too. It starts with complete command of the fundamentals. Then it takes desire, determination, discipline, and self-sacrifice. And finally, it takes a great deal of love, fairness and respect for your fellow man. Put all these together, and even if you don't win, how can you lose?"
- Jesse Owens

Think snow!

PROVE IT.

NHARA ATHLETES!



Zach Clayton
3rd Place, NCAA SL Championships

Tecnica - Blizzard - 19 Technology Drive, West Lebanon, NH 03784



TECNICA
www.tecnicausa.com

BLIZZARD
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NHARA ACKNOWLEDGES THE FOLLOWING RACES IN MEMORY OF THESE BENEFACTORS AND RACERS

Dan Bean	Waterville Valley
Peter Bensley	Ragged Mountain
Toni Buttinger	Gunstock
Dan Cardillo	Waterville Valley
Mike Cote	Ragged Mountain
John DiCarlo	Attitash
Joe Dodge	Wildcat
Grant Dowse	Cannon
John Eneguess	Crotched Mt.
Chip Gilroy	Mount Sunapee
Richard Hanson	Pats Peak
Pat Harty	Waterville Valley
Peter Kenney	Cannon
M. J. LaFoley	Waterville Valley
Bud Lauridsen	Proctor Academy
John Minahan	Bretton Woods
Fred Moore	Attitash
Cliff Nyquist	Gunstock
Mark Pendoley	Cannon
Paul Pfofi	Waterville Valley
Gus Pitou	Gunstock
Josh Russell	Pats Peak
John Sanderson	Pats Peak
J. Leland Sosman	Waterville Valley
Robert B. Widener	Waterville Valley
Jason Wilkie	Pats Peak
Werner Zwahlen	Loon

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NHARA WHOLEHEARTEDLY SUPPORTS AND WISHES TO THANK THE FOLLOWING ORGANIZATIONS FOR THEIR CONTRIBUTION TO SKIING

New England Ski Museum
Ski New Hampshire

NEW HAMPSHIRE ALPINE RACING ASSOCIATION

Vision and Mission Statement

Vision

NHARA's vision is to create and support opportunities for all level athletes in their pursuits to reach their highest potential within the sport of alpine skiing.

Mission

NHARA supports its vision through programs, which facilitate an environment of education, athleticism, good sportsmanship, fun and a passion for the sport of skiing.

Goals

NHARA will support its mission by:

Having athletes, coaches, and officials demonstrate the highest level of good sportsmanship at all times

Encouraging a positive learning environment to build self-confidence and independence

Providing the opportunity to compete at all levels of ski racing from entry level to World cup

Providing and supporting educational opportunities to promote professional coaches at all levels

Promoting a life long passion for the sport of skiing

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DONORS TO NHARA 2010-2011

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Stepper Hall	The Loughran Family
Jay & Peggy Smith	Alicia Groom
	James Kent

Thank you!
We appreciate your support!

NHARA GENERAL INFORMATION

The New Hampshire Alpine Racing Association is a voluntary NH corporation whose purposes are:

1. To promote alpine racing programs in the interests of New Hampshire competitors.
2. To coordinate NH alpine programs with those of the USSA/Eastern Division and the Federation Internationale de Ski (FIS).
3. To assist New Hampshire competitors; and encourage others to make available facilities, financial aid and other support, thus enabling racers to achieve their full potential including the opportunity to participate and succeed in State, National and International competition.
4. To cooperate closely with vital elements of the alpine ski industry in New Hampshire for the promotion of the sport and for the benefit of New Hampshire competitors.
5. To cooperate with N.H. Ski Areas.

NHARA is franchised by USSA to administer its programs within New Hampshire, to wit:

1. To arrange and confirm a suitable race schedule for all levels of competition.
2. To determine and administer procedures for the selection of racers to fill New Hampshire quotas at major Eastern invitational events.
3. To encourage the growth and development of strong, productive local training programs, which are the foundation of ski racing.
4. To coordinate Eastern and USSA programs with the local training programs of ski clubs, academies, schools and colleges.
5. To participate in the governance of USSA in administration and policy making

NHARA is governed by an up to 30 member Board of Trustees, with an Executive Committee of 10. Trustees are elected annually. The Board appoints several committee heads to represent the various state interests in alpine ski racing. The Board meets regularly. Meetings are open to all members. The NHARA Annual Meeting will be held the first Monday in June unless otherwise noted on the NHARA website.

NHARA membership is open to anyone with a bona-fide interest in alpine ski racing in New Hampshire upon payment of annual dues. Members of the Board of Trustees must also be members of USSA.

NHARA BOARD OF TRUSTEES 2011-2012

Executive Committee:

President:	Dan Marshall	dan.marshall.e@gmail.com
Vice President:	Paul Cremeno	pcremeno@yahoo.com
Secretary:	Bev Oliver	bevol@comcast.net
Treasurer:	Jeff Brimbecom	jeffbrimblecom@comcast.net
Exec. Secretary:	Laurie Stevens	lauriestevens@roadrunner.com
CC Chairman:	Bob Underhill, Jr.	nharacoachescouncil@gmail.com
ACC Chairman:	Craig Antonides	cantonides@holderness.org
AO Chairman:	Ted Newman	tednewmanjr@gmail.com
CRC Chairman:	Gerd Riess	gerd@sover.net

Members At Large: Dave Gregory, Jill Firstbrook, Jim Green,
Ted Sutton, Peter Holland

Representatives from:

Children's Racing Committee	Harry Maybee & Mike Workman
Ski New Hampshire	Kris Blomback

Committee Chairpersons:

Alpine Officials	Ted Newman, Jr.
Masters	Greg Gill
Seed Review	Emily Crane/Bev Oliver

Additional Members:

High School Representative	Joe Poole
Prep School Representative	Dave Salathè
College Representative	Garrett Lashar
Adaptive:	Jason Lalla
Industry Representative	Ivar Dahl

Executive Secretary:

Assistant:	Emily Crane/Bev Oliver
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Race Administrators:

Laurie Stevens/Emily Crane

Handbook:

Bev Oliver/Emily Crane

Web Site:

Jack Iacopino

NHARA COMMITTEES 2011-2012

Finance Committee: Jeff Brimblecom, Chairman

Gerd Riess, Dan Marshall, Mike Workman, Paul Cremeno,
Peter Holland, Bob Underhill, Jr.

Nominating Committee: Paul Cremeno, Chairman; Gerd Riess

Alpine Competition Committee (ACC): Craig Antonides, Chairman

Bev Oliver, Secretary. One delegate from each NHARA Program
involving Jr I, Jr II, and Sr racers.

Speed Committee: Peter Stokloza, Chairman

Jim MacMahon, Dave Gregory, Bob Underhill, Jr., Peter Holland,
Craig Antonides (ACC Chair)

Alpine Officials (AO): Ted Newman, Jr., Chairman

Bob Nevins, Ted Sutton, Jim Green, Peter Holland, Jill Firstbrook,
Mike Cosman, Laurie Stevens

Review/Appeal Committee: Ted Sutton, Chairman

Georg Capaul, Kim Bownes, Gerd Riess, Peter Holland,
Bob Underhill, Jr.

Racer Support Committee: Paul Cremeno. Chairman

Gerd Riess, Emily Crane, Jeff Brimblecom, Bev Oliver

Fencing Committee: Paul Cremeno, Chairman

Gerd Riess, Dave Gregory, Jeff Brimblecom

Children's Racing Committee: Gerd Riess, Chairman

BWL Chairpersons: Mike Workman/Jill Firstbrook

J III Division Chairpersons

East: Cathy Fisher
Central: Mike Cosman
West: Drew Drummond

BWL Division Chairpersons

North: Mike Cosman
East: Tim Murphy
Central: John Osuchowski
West: Matt Purcell

Member at Large: Bev Oliver

ALPINE OFFICIALS

NHARA administers this USSA program in New Hampshire. A USSA sanctioned race must be properly supervised to gain recognition and have the results recorded. It is NHARA's responsibility to send a Technical Delegate (TD) to supervise each USSA sanctioned race. The TD and other officials are impartial "umpires".

Contact Ted Newman (tednewmanjr@gmail.com) for information.

The NHARA Alpine Officials Committee sponsors several clinics open to anyone interested in learning more about organizing or officiating at ski races. It should be considered a requirement for all race organizers and crews to attend at least one officials' clinic each year. We encourage Officials to join USSA - Official's Membership/License is \$60.00

Benefits:

- Official's License, Manual and other materials
- The USSA Competition Guide (USSA version of FIS ICR)
- Ski Racing Publication
- Inclusion in USSA Liability Insurance policy
- Secondary Medical Insurance during participation in USSA events
- Participation in clinics and certification programs.

Jury members, Chief of Course, and Course setters MUST be current members of USSA or the event liability insurance is in jeopardy.

Sign up early! Background screening, a recent requirement of the liability insurance carrier, must be complete and not "pending". This screening addresses felony convictions, drug & alcohol offenses and offenses involving improper actions towards children. It may take as long as two weeks to become a valid USSA member eligible to be on the Jury, Chief of Course or a Course Setter. Therefore, you will not be able to join USSA at Race Registration.

Coaches/officials should submit a record of their own activity to Ted Newman immediately following the end of the season to receive credit for upgrading.

VOLUNTEERS

Most NHARA races require between 35-40 volunteer workers to be run safely and efficiently. Speed events require more. Our member clubs welcome parents and friends who are traveling from other mountains to volunteer to work at NHARA races. Volunteers who work a race at another mountain receive a voucher for a day of free skiing based on the policy of the mountain for race workers.

Sign up on line by visiting www.nhalpine.org/volunteer

RACE JURY

The Race Jury is charged with making sure that the race is safe, fair and legal. Service on the Jury is an opportunity to influence the conduct of the race positively. All members of the Jury must be members of USSA.

RACE JURY: Technical Delegate (TD) Chairman, Referee, Chief of Race. Assistant Referee is added for Speed Events only.

The **TECHNICAL DELEGATE** is a trained volunteer, assigned by the NHARA Chairman of Alpine Officials. Final responsibility for all aspects of the race rests with this person. The other members of the Jury must abide by his/her decision in matters of safety. All other rulings are by a majority of the Jury; in case of a tie, the TD's vote prevails.

The **REFEREE's** special responsibilities include:

1. Meet with the Jury before the race.
2. Inspect the course. He has the right to change the course if he judges it to be unsafe or illegal by taking out or adding gates. If he/she alone inspected the course, his/her decision is final, although the course setter must be informed of any changes.
3. Supervise training.
4. Receive the report of the forerunners and declare that the race may start or not.
5. Observe the race and be ready to interrupt if necessary.
6. Authorize re-runs.
7. Receive reports of the Start Referee, Finish Referee & Chief Gatekeeper.
8. Check for disqualifications and post on the Official Score Board with the time and his signature.
9. Meet with the Jury to consider protests.

The Referee presents any concerns with the course or other areas to the Jury. **The Race Jury and Team Captains will meet in the Finish area 30 min before the Start of ALL NHARA races** This is a USSA mandate because of insurance. All members of the Jury must respect the decisions of the Technical Delegate, especially in matters concerning safety. A dissenting report may be made to the NHARA Review Committee by any member of NHARA.

All coaches not already certified as a Referee need to attend Referee Training. The USSAAO Exam for Referees is given each Fall. In addition, all certified referees must attend an update clinic every other year in order to retain current certification. The USSA Competition Guide containing the USSA Rules (similar to the FIS ICR), is available as hard copy and on the USSA Web Site.

A RACE MAY NOT BE SCORED IF ANY MEMBER OF THE JURY IS NOT A MEMBER OF USSA. This means that the race might not count.

COACHES COUNCIL

The NHARA Coaches' Council is dedicated to improving all facets of ski racing in New Hampshire. Open meetings are held regularly in the fall and spring and are open to all active New Hampshire coaches. We encourage all to attend.

The goals of the Coaches' Council are:

1. To provide an opportunity for all coaches to further their education through NHARA Programs or through programs available at a national level through USSA or other professional organizations.
2. To share experiences and ideas with other coaches for the benefit of all.
3. To create a positive environment for our athletes to grow and achieve their goals.

To achieve these goals NHARA provides coaches with a forum for education and communication and offers financial aid for qualified continuing education programs.

All coaches must be USSA members as a Professional Coach. All NHARA coaches must submit a copy of their current USSA Membership Card to their respective Program Director or Head Coach, who in turn must submit a list of coaches to NHARA Executive Secretary, Laurie Stevens. Only those listed coaches will receive NHARA Coaches Membership Cards giving them access to race courses.

The Coaches Council meets regularly at the New Hampton School with all NHARA coaches welcome. The NHARA On Snow Coaches Clinic is calendared for Bretton Woods in early December 2011. See the NHARA website for further information.

A schedule of programs responsible for providing a certified referee at Seeded Races will be found on the NHARA website

Coaches Council email address: nharacoachescouncil@gmail.com

The Coaches Council wishes all racers, coaches, officials, and parents a fun, healthy and successful 2011-2012 Ski Season.

Think Snow!

NHARA PROGRAMS 2011-2012

Head Coach/Program Director

ABN	Abenaki	Head Coach, Jay Pollini
ATT	Attitash SEF	Dave Laidman, Program Director
BWL	(Ski School)	Doug Avery
BBTS	Waterville Valley BBTS	Peter Stokloza; Jason Guilbert
BLMT	Black Mt.	Brant McAleer
BLWA	Blackwater Ski Club	Howard George
BW	Bretton Woods	Harry Maybee
CMCC	Crotched Mt. Competition Center	Reed MacNeilage, Education Director
CMS	Cardigan Mt. School	Travis Nevins
CRAN	Cranmore	Skip Bartlett, Program Director
CSC	Colby-Sawyer	Garrett Lashar
DOC	Dartmouth College	Peter Dodge & Chip Knight
FS	Ford Sayre	Gerd Riess
FSA	Ford Sayre Academy	Korry Vargo
FSC	Franconia Ski Club	Trevor Hamilton
GSC	Gunstock Ski Club	Mike Workman, Program Director
HOLD	Holderness	Georg Capaul, Program Director
		Craig Antonides, Head Coach
KP	King Pine	Craig Niiler
KUA	Kimball Union Academy	Gus DeMaggio, Head Coach
LRT	Loon Ski Club	Aaron Loukes, Program Director
MCI	McIntyre	Scott Martineau, Head Coach
MWV	Mt Washington Valley	Dave Gregory
PATS	Pats Peak	Deb Flanders
PROC	Proctor Academy	David Salathè
PSU	Plymouth State University	Andrew Gannon
RMS	Ragged Mtn	Ryan Schramm
STA	St. Anselms College	Melissa Caffisch
SUN	Mount Sunapee	Jill Firstbrook, Program Director
		Bob Underhill, Head Coach
UNH	University of New Hampshire	Brian Blank
UVS	Whaleback (UVSSA)	Myles Cotter-Sparrow
WILD	Wildcat Mtn. A. E.F.	Tom Flavin
WMS	White Mountain School	Mike Gallagher
WVNS	BBTS/New Hampton School	Jason Guilbert

**Please use the above abbreviations when entering races.
The Race Secretaries will thank you!**

Email addresses & phone numbers for these Head Coaches & Program Directors are listed in the Directory at the end of the NHARA Handbook.

WELCOME TO ALPINE RACING IN NEW HAMPSHIRE!

The New Hampshire Alpine Racing Association (NHARA) is responsible for scheduling, coordinating and monitoring all the races you will enter.

In this booklet you will find a lot of important information. Read it carefully.

Competition Categories

Non-scored (do not earn points on the Seed List)

Competitor : Ages 13 and 14 (born in 1997 -1998)

Youth : Ages 12 & Under (born in 1999 or later)

Student: 13 & older (born in 1998 or earlier)

Scored (earn points if born in 1996 and earlier)

Competitor : Ages 15 & older (born in 1996 and earlier)

FIS Competitor: Ages 15 & older (born in 1996 and earlier)

Masters: Ages 18 and older (born in 1992 or earlier)

Adaptive: all ages

Age Classes (by December 31, 2011)

Juniors

J VI: Ages 8 and under (born in 2003 or 2004)

J V: Ages 9 & 10 (born in 2001-2002)

J IV: Ages 11 & 12 (born in 1999 or 2000)

J III: Ages 13 & 14 (born in 1997 or 1998)

J II: Ages 15 & 16 (born in 1995 or 1996)

J I; Ages 17, 18 & 19 (born in 1992, 1993 or 1994)

Seniors: Ages 20 & older (born in 1991 or earlier)

Masters : Ages 18 & older (born in 1993 or earlier)

ALPINE COMPETITION OPPORTUNITIES

Seeded (scored) Competition:

Must be a NHARA member to be scored in NHARA Series.

Sr, J I & J II

NHARA SGs

Tecnica Cup Series

Macomber Cup Series

LaFoley Spring Series

USSA Open races

J IIs only: NHARA J II Champs

Invitational Events

Eastern FIS Events

Eastern Jr Finals

Eastern USSA Finals

National J II Champs

Children's Racing:

Must be a member of a **NHARA CLUB** for all but USSA Open races.

J V: Buddy Werner League (BWL)
USSA Open Races
Invitational Events

J IV: Buddy Werner League (BWL)
USSA Open races
Invitational Events

J III: J III Divisional Series
J III State or Regional Series
USSA Open races
Invitational Events

Masters: see page 38

THERE ARE TWO MEMBERSHIP REQUIREMENTS YOU MUST MEET IN ORDER TO COMPETE IN NHARA RACES:

1. You must hold a current USSA Competitor License.
Competitor: YOB 1998 or earlier-\$140; late fee \$25 after 10/15/11
Youth Competitor/12 & under: Born in 1999 or later \$70.
2. In order to be considered in any NHARA qualifying or selection process you must be a current member of NHARA - \$30, late fee \$15.

You must bring your USSA Card & your NHARA Card to every NHARA race. NHARA cards are not required at USSA Open races.

Application forms for USSA and for NHARA are available from your coach or club, or from NHARA (PO Box 1344 Campton, NH 03223). In applying to USSA be sure that the Waiver and Release of Liability form is properly signed. NHARA requires a signed Code of Conduct consent. You will not receive your card (s) without this, and, therefore, will not be allowed to race. If you are under 18, your parent must also sign.

ENTERING RACES

In order to be entered in a race, you must send an entry form (voucher) for each race you plan to attend at least 10 days before the race. Refer to pages 18 & 19 for addresses. **On line registration may be available for some races. Check the calendar on the NHARA website for availability.** For those born in 1997 and later, this applies only to Open Races on page 40. Copy the voucher from the last page. Please do not enlarge or reduce the form. Complete it **LEGIBLY** using the same name that is on your USSA card. **A SEPARATE CHECK MUST BE SENT FOR EACH RACER FOR EACH RACE.** For further information see pages 18 & 19.

IF YOU DO NOT INCLUDE THE ENTRY FEE WITH YOUR ENTRY, IT MAY NOT BE ACCEPTED AND YOU WILL BE CHARGED \$10 MORE AT REGISTRATION. This may also be charged if you make your entry by phone, fax, e-mail or at registration.

LIMITING Entries: Most races will be limited to 200 starters with some organizers accepting even fewer. Be prepared to be turned away, even though you entered in time. All racers, especially those new to NHARA, should discuss their plans with their coach before entering any races.

CANCELLATION

If you wish to cancel your entry you must call by **9:00 am 3 days before the race**, otherwise, YOUR ENTRY FEE WILL BE KEPT. See page 18 & 19 or NHARA Website "to Cancel Race Entry" for telephone numbers to call. No club will refund the fee if given notice later.

**THERE WILL BE A \$20 CHARGE FOR ANY BIB NOT RETURNED.
KEEP IT WITH YOU AT ALL TIMES!!**

NHARA 2011-2012 RACE CALENDAR

Seeded Races - Sr, J I, J II

<u>DATE</u>	<u>SITE</u>	<u>EVENT</u>	<u>D</u>	<u>FEE</u>	<u>TIME</u>
12/17/11	Waterville	Pat Harty Memorial	SL	\$48	9:30
12/18/11	Waterville	Sosman Memorial	SL	\$48	9:30
12/23/11	Attitash	John DiCarlo Mem.	GS	\$49	9:30
12/28/11	Wildcat	Joe Dodge	SL	\$48	9:30
12/29/11	Gunstock	Open Race	SL	\$48	9:30
12/31/11	Loon	Tecnica	GS	\$48	9:30
1/01/12	TBA	Macomber Cup	GS	\$48	9:30
1/03/12	Proctor	Alumni Open	GS	\$48	9:30
1/07/12	Gunstock	Macomber Cup	SL	\$48	9:30
1/08/12	Attitash	Tecnica Cup	SL	\$49	9:30
1/14/12	Proctor	Tecnica Cup	GS	\$48	9:30
1/15/12	TBA	Macomber Cup	GS	\$48	9:30
1/21/12	Cannon/FSC	Tecnica Cup	SL	\$48	9:30
1/22/12	Skiway	Macomber Cup	GS	\$48	9:30
1/25/12	Attitash	NHARA SG	2SG	\$72	9:30
1/26/12	Attitash	NHARA SG	2SG	\$72	9:30
1/28/12	Gunstock	Tecnica Cup	GS	\$48	9:30
1/29/12	Waterville	Macomber Cup/Psosi	GS	\$48	9:30
2/04/12	Proctor	Macomber Cup	SL	\$48	9:30
2/05/12	Cranmore	Tecnica/Glen Builders	SL	\$48	9:30
2/11/12	Mt. Sunapee	Tecnica Cup	GS	\$50	9:30
2/12/12	Pats Peak	Macomber Cup	SL	\$48	9:30
2/18/12	Cannon/FSC	J II State Champs	SL	\$48	9:30
2/19/12	Cannon/FSC	J II State Champs	GS	\$48	9:30
2/21/12	Gunstock	Cliff Nyquist Mem.	SL	\$48	3:30
2/25/12	Proctor	LaFoley SS	SL	\$48	9:30
2/26/12	Pats Peak	LaFoley SS	SL	\$48	9:30
3/03/12	King Pine	LaFoley SS	SL	\$48	9:30
3/04/12	Pats Peak	LaFoley SS	SL	\$48	9:30
3/10/12	Gunstock	LaFoley SS	GS	\$48	9:30
3/11/12	TBD	LaFoley SS	?	\$48	9:30
3/17/12	Wildcat	LaFoley SS	GS	\$48	9:30
3/18/12	SkiWay	LaFoley SS	GS	\$48	9:30

NHARA 2011-2012 RACE CALENDAR

Seeded Races - Sr, J I, J II

<u>DATE</u>	<u>SITE</u>	<u>EVENT</u>	<u>D</u>	<u>FEE</u>	<u>TIME</u>
3/19/12	Attitash	NHARA SG	2SG	\$72	9:30
3/20/12	Attitash	NHARA SG	2SG	\$72	9:30
3/23/12	Waterville	MJ's Race	GS	\$48	9:30
3/24/12	Waterville	LaFoley SS	SL	\$48	9:30
3/25/12	Loon	LaFoley SS	GS	\$48	9:30
3/31/12	Loon	UNH Fund Raiser	GS	\$48	9:30
4/01/12	Ragged	LaFoley SS	SL	\$48	9:30

Please note: Some clubs are accepting on line registration for their races . Check with the NHARA website to see if this option is available.

FIS & USSA EQUIPMENT REGULATIONS

Per FIS and USSA rules, it is the athlete's responsibility to ski, train and race on appropriate equipment. These equipment regulations are posted on the NHARA website and on the USSA website under Alpine Rules.

Helmets manufactured for ski racing are mandatory for all training and race events - SL, GS, SG & DH.

NHARA SPEED COMMITTEE

Mission Statement

To develop gliding, high-speed turning, aero-dynamic and jumping skills in New Hampshire junior athletes through safely conducted and age-appropriate speed camps, in-season speed events and coaches education.

Thanks,

NEW HAMPSHIRE SKI AREA OPERATORS

for your continued support
of alpine racing!

ADDRESSES to ENTER RACES

ATTITASH - All classes

Kathy Badger, Race Secretary
38 East Shore Drive
Silver Lake, NH 03875

Make check to Race Secretary
Tel: (603) 367-8278
email: badger5@roadrunner.com

BLACK MT. - Children's (J III, J IV, J V, J VI)

Kathy Badger, Race Secretary
38 East Shore Drive
Silver Lake, NH 03875

Make check to Black Mountain
Tel: (603) 367-8278
email: badger5@roadrunner.com

BLACKWATER/PROCTOR - All classes

Morgan Salathè, Race Secretary
PO Box 137
Andover, NH 03216

Make check to Proctor Academy
Tel: (603) 735-6281
email: morgan@proctornet.com

BRETTON WOODS - Children's (J III, J IV, J V)

Jason Doyle, Race Secretary
BWAEF, PO Box 263
Twin Mountain, NH 03595

Make check to BWST
Tel: (603) 278-3302
email: jdoyle4@myfairpoint.net

CANNON/FRANCONIA - All classes

Race Secretary, FSC
PO Box 462
Franconia, NH 03580

Make check to FSC Race Secretary
Tel: (603) 823-7106
email: chet@franconiaskiclub.com

CRANMORE - All classes

Kathy Badger, Race Secretary
38 East Shore Drive
Silver Lake, NH 03875

Make check to Race Secretary
Tel: (603) 367-8278
email: badger5@roadrunner.com

CROTCHED MT. COMPETITION CENTER - Children's (J III, J IV, J V)

Cheryl Allison, Race Secretary
PO Box 235
Mont Vernon, NH 03057

Make check to Crotched Mt. Ski & Ride
Tel: (603) 672-5681
email: callison@sprise.com

DARTMOUTH SKIWAY (Sr, J I, J II)

Hebe Quinton, Race Secretary
38 Shoestrapp Road
Lyme, NH 03768

Make check to Ford Sayre
Tel: 603-795-9337
email: hebe.quinton@gmail.com

DARTMOUTH SKIWAY - Children's (J III, J IV, J V)

Dave Caffry
263 Dorchester Road
Lyme, NH 03769

Make check to Ford Sayre
Tel: (603) 795-2217
email: fs345races@gmail.com

ADDRESSES to ENTER RACES

GUNSTOCK - All classes

Beth Hamblet, RA
11 Ambrose Road
Meredith, NH 03253

Make check to Gunstock Ski Club
Tel: (603) 279-7822
email: gscracesec@metrocast.net

KING PINE - All classes

Laura Nash, Race Secretary
PO Box 163
Eaton, NH 03832

Make check to King Pine
Tel: (603) 447-2814
email: lmnash74@yahoo.com

LOON - All classes

Laurie Stevens, Race Secretary
PO Box 1508
Campton, NH 03223

Make check to Race Secretary
Tel: (603) 726-7578
email: lauriestevens@roadrunner.com

MT. SUNAPEE - All classes

Kate McCloy, Race Secretary
P.O. Box 585
Newbury, NH, 03255

Make check to Mount Sunapee
Tel: (603) 504-2410
email: mccloy@myfairpoint.net

PATS PEAK - All classes

Carol Fahey, Race Secretary
159 Pulpit Road
Bedford, NH 03110

Make check to Race Secretary
Tel: (603) 472-9874
email: cafahey@comcast.net

RAGGED MT. - All classes

Carl Anderson, Race Secretary
485 North Shore Road
Hebron, NH 03241

Make check to Race Secretary
Tel: 603-236-2546
email: racesecretary@gmail.com

WATERVILLE - All classes

Carl Anderson, Race Secretary
485 North Shore Road
Hebron, NH 03241

Make check to WVBbTS
Tel: 603-236-2546
email: canderson@wvbts.org

WHALEBACK (UVSSA) - Children's (J III, J IV, J V)

Christine Feeley, Race Secretary
62 Alumni Drive
Canaan, NH 03741

Make check to Whaleback Mtn. Club
Tel: H 603-523-3648
email: cfeeley@cardigan.org

WILDCAT - All classes

Kathy Badger, Race Secretary
38 East Shore Drive
Silver Lake, NH 03875

Make check to WMAEF
Tel: (603) 367-8278
email: badger5@roadrunner.com

DIRECTIONS TO NH RACES AND REGISTRATION

ATTITASH: Bartlett, NH

Ski Area: On South side of US 302 between Glen and Bartlett.

Parking: East of Lodge, South side, Wt of Lodge, N side of Rt. 302.

Registration: In the East end of the Main Base Lodge.

BLACK MT: Rte. 16B in Jackson, NH

From Rte. 16 N/S turn toward Jackson Village (either R through the Covered Bridge or L on the Jackson Village Loop. The Village Loop is well marked as Rte. 16B.

BLACKWATER/PROCTOR SKI AREA: Andover, NH

Ski Area: Proctor Academy is on NH 4 & 11 in the center of Andover. Opposite the school is a store and PO. Take Lawrence Street past these buildings and follow signs.

Parking: Plenty at Area. *Registration:* In red building.

BRETTON WOODS: Bretton Woods, NH

Ski Area: S side of Rt 302, 6 m E of Twin Mt, 23 mi W of Bartlett

Parking: anywhere. *Registration:* Follow the signs.

CANNON: Franconia Notch, NH

Ski Area: Rte I-93 to Exit 34C to Echo Lake parking lot. No parking allowed at park headquarters. *Registration:* In Ernie's House.

CRANMORE: North Conway, NH

Ski Area: NH 16 and US 302 in the middle of town (Northeast Quadrant) At the traffic light turn East and Follow signs. Use the main entrance.

Parking: Any of the designated park areas to the left of the entry road.

Registration: Head to the White Igloo at the base of the South Slope for registration a short walk from the Main Base. The Main Base area has additional seating and storage areas for your gear.

CROTCHED MT.: 615 Francestown Road, Bennington, NH

Ski Area: See www/crotchedmountain.com for directions.

Parking: Ample parking in front of main lodge.

Registration: Upstairs in main lodge.

DARTMOUTH SKIWAY/FORD SAYRE: Lyme, NH

Ski Area: Rte 10 between Hanover and Orford. In Lyme go E to R of church following signs to Lyme Ctr. Continue E 1 1/2 miles

Parking: in main lot. *Registration:* Upstairs in the Main Lodge.

GUNSTOCK: Gilford, NH

Ski Area: Take NH 11A East from Laconia. Follow signs to Gunstock Recreation Area.

Parking: As close to Base Lodge as possible.

Registration: In Clubhouse (gray building farthest right from parking). Walk across the flat area to bottom of race hill.

KING PINE: East Madison, NH

Ski Area: Rte. 16 N to Center Ossipee; Rte. 25 East (6 miles) to Rte. 153 (5 miles)

LOON: Lincoln, NH

Ski Area: I-93 to Exit 32, E on Kancamagus Hwy thru Lincoln and on. Entrance on S side of highway. Or Kancamagus Hwy from NH Rt. 16 just S of Conway. Entrance just after end of the WMNF.

Parking: Turn R immediately over bridge. Park in any lot past Governor's Lodge.

Registration: In Gravink Competition Center.

MOUNT SUNAPEE: Newbury, NH

Ski Area: From South: North on I-89 to Exit 9, West on 103 to Mt Sunapee State Park (17 mi) From North: S on I-89 to Exit 11, W on NH 11 to NH 103. S on NH 103 to Mt Sunapee State Park.

Parking: As close to Main Lodge as possible.

Registration: Downstairs in Race Building to left of North Peak Lift.

PAT'S PEAK: Henniker, NH

Ski Area: I-89 to NH 9 & US 202. S on 114 in Henniker. Entrance on S side of road about 1 mile from Henniker.

Parking: Any of 3 lots behind Base Lodge.

Registration: In Alpine Training Center, an A-Frame 100 yards up hill

RAGGED MTN: Danbury, NH

Ski Area: Take Exit 23 from I-93. Go W on 104 through Bristol. Find Ragged Mtn Road on left about 9 miles from Bristol. Follow road to end (about 2 miles).

Parking: Anywhere.

Registration: On 2nd Floor of Meetinghouse Lodge to right of main walkway.

WATERVILLE VALLEY (Mt Tecumseh): WV, NH

Ski Area: I-93 to Exit 28; NH 49 to WV. 10 miles from traffic signal take first left (Tripoli Rd). Up hill about 1 1/2 miles.

Parking: As far up as possible.

Registration: at Comp Center to L of Valley Run Quad.

WHALEBACK: Enfield, NH

Ski Area: I-93 to Rte. 89; take Exit 16

Parking: anywhere

Registration: upstairs in the lodge

WILDCAT: Pinkham's Grant, NH

Ski Area: On NH 16 between Glen and Pinkham Notch. From South: NH 16 to Jackson, then N into White Mt National Forest about 10 miles to ski area. From North: US 2 to Gorham, NH, then S on NH 16.

Parking: Enter main parking lot, turn immediately to the right and proceed to the end of main lot. Cross over a small bridge into a lower lot. Park there.

Registration: In the Bobcat Lodge.

CODE OF CONDUCT

NHARA supports the Competition Regulations of USSA which provide a framework in which the various ski programs are developed and operated at all levels. It particularly endorses the policy for sportsmanlike conduct which states that competitors, coaches, officials or other personnel may be reprimanded, disqualified or suspended for conduct at USSA events that is prejudicial to the sport, as recommended by member organizations and so determined by a Division's Board of Directors.

GOOD SPORTSMANSHIP includes, but is not limited to:

- A. Respect for all race officials and ski area employees.
- B. Suitable dress and grooming, courtesy and good manners in public places, at races and while traveling.
- C. Self-control, responsible behavior, consideration for other's physical and emotional well-being. No profane or abusive language.
- D. Respect for private and public property.
- E. Abstinence from the illegal use of alcohol and drugs as befitting an athlete, coach or official representing a club, school or ski area.
- F. Respect for lift facilities, lift privileges, and closed areas.
- G. Honest conduct. No theft or misrepresentation whatsoever.
- H. Attendance at awards ceremonies and receptions.
- I. Respect of USSA and FIS rules regarding commercial display at awards ceremonies

A summary of the Regulations may be found in the USSA Competition Guide. Copies of the complete By-laws and Competition Regulations are available at the USSA Office.

A RACE JURY, OR THE NHARA REVIEW COMMITTEE, MAY PREVENT A RACER, DISQUALIFIED FOR MISCONDUCT, FROM COMPETING IN ONE OR MORE FUTURE RACES.

NHARA REVIEW AND APPEALS COMMITTEE

This committee shall review reported incidents of misconduct on the part of any NHARA racer, coach, or official, and shall recommend sanctions, as appropriate, to the Board of Trustees. The committee shall review reports of mismanagement and rules infractions at NHARA-sponsored races, and shall provide recommendations to race organizations and juries to improve the quality of NHARA-sponsored races. This Committee also reviews disciplinary actions taken by Race Juries and any complaints concerning Athlete Selections, Sanctions and Reprimands.

Appeals should be forwarded to the Chairman as soon as possible, accompanied by a fee which will be returned if the appeal is upheld. Action by the Committee will be taken as soon as possible.

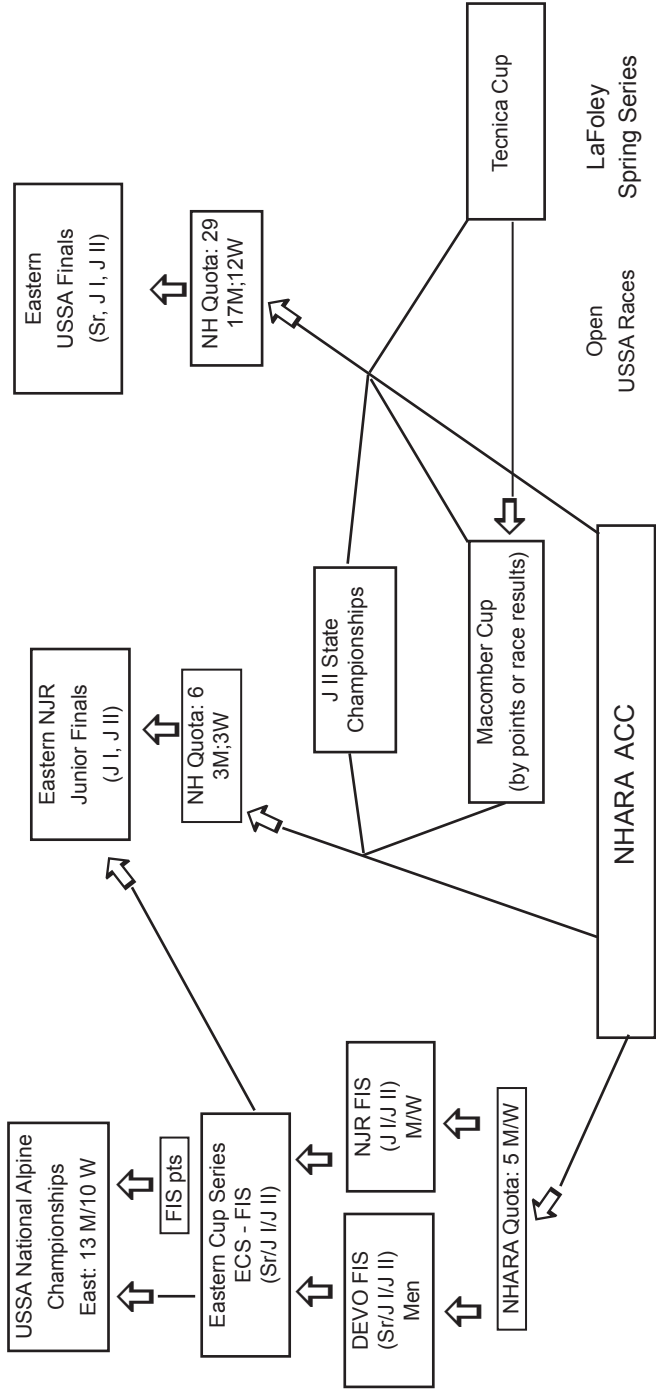
RACER RESPONSIBILITY CODE

1. Bindings must be in good condition and properly adjusted for the conditions. Unbreakable sunglasses and goggles are essential.
2. Warm up for training and racing sessions. Stretch for at least five minutes before skiing. Warm up gradually on snow, skiing various radius turns, before skiing at racing speed.
3. Always carefully inspect a course before running it. Follow the inspection rules for the training session or race. Do not cross or go onto closed courses at competitions, and always be certain that practice courses are clear before proceeding.
4. If you fall and are unhurt, immediately signal that you are OK and quickly move a safe distance away from the course. Collect your gear and reorganize away from the active course.
5. While attending a race event, stand far enough from the course to allow a racer on course full visibility, room to recover and room to come to a stop without hitting you.
6. Always remain still while there is a racer on course, and never free-ski on or near a closed race course except as allowed by the established inspection procedures.
7. If a gate pole is knocked out or broken and presents a danger, place it outside the course, preferably totally to the side of the slope or as directed by the coaches, course officials or workers.
8. Be sure to communicate with your coach when tired, ill, uncertain or afraid, if the course is too difficult or rough, or if visibility is poor.
9. Always stop below your coach or training group. Never attempt to stop above any skier or group. Always leave room to take “evasive action” should your coach or others in your training group move unexpectedly.
10. When your run is complete, move immediately out of the finish area or away from the course. Make sure that you have an adequate finish area and safe room outside all courses.
11. Never jump or ski fast into an uncontrolled “blind spot”.
12. When free-skiing outside race and training areas you must be aware of others and ski in full control at all times. Respect other skiers’ rights to a safe and pleasant skiing experience.

**HELMETS MANUFACTURED FOR SKI RACING
ARE MANDATORY FOR ALL TRAINING AND RACE EVENTS
SL, GS, SG AND DH**

NHARA Seeded Competition Progression

Eastern Automatics (race pts) and Eastern Development quota are selected by the Eastern office for the ECS FIS, Development FIS & NJR FIS series. See Eastern website for complete selection procedures.



SEEDED COMPETITION

Racers born in 1996 and earlier

SELECTION PROCEDURES

NHARA POLICIES

The NHARA schedule and selection procedures have been worked out over the past several years to present New Hampshire alpine racers with the best possible opportunities for advancement, development and enjoyment of the sport. They are designed to mesh with the USSA-Eastern, USSA and FIS schedules.

In studying the selection procedures on the following pages, please remember that they are intended to be as straight forward as possible, and to encourage rapid mobility. No valid procedure can be instantly responsive, however, so that some racers may need to wait until the next series of events, or for the next Seed List, in order to see their progress reflected in movement up through the “pipeline”. When possible, the qualifying procedures are also by age group, which allows younger racers to compare themselves to their peers, making it easier to evaluate their progress.

As the season progresses, new information will become available and must be considered in racer selections. Qualifying procedures will always make use of the most up-to-date information. In addition, as a series of events is held, the results of those events will be reflected in future selections to races and state quotas.

QUOTAS AND SELECTION PROCEDURES FOR EACH RACE/ SERIES APPEAR ON THE FOLLOWING PAGES.

To be eligible for a NHARA event or for selection to a state quota or team, a racer must be a member of NHARA, with current dues paid at least 10 days prior to the event or the selection date (\$45 is the fee for all renewals after December 1). No awarding of place points, or selection to quotas will be refigured subsequently to include racers who join NHARA late, whether the late joining was to take advantage of an unexpected result or because of an earlier oversight. All racers must be USSA Licensed Competitors (\$140).

USSA Competition rules state that a racer may represent only one state at any given time. Full-time students who are training in New Hampshire Programs will represent New Hampshire. Membership in more than one state organization at a time is not allowed. (see Chapter 5 Eastern Region in the Comp Guide)

For more information or questions about these policies, quotas or selection procedures as they appear on this and the following pages, contact your coach or the Competition Committee (ACC) Secretary.

NHARA RACES

For Sr, J I, J II and Racers

OPEN RACES:

Any USSA Licensed Competitor, NHARA member or not, may enter any NH race listed as "Open" in the NHARA schedule, subject to the race organizer's limits of field size. Tecnica Cup and Spring Series races are also "Open"; those not members of NHARA will not be scored toward the Series Awards. The Macomber Cup Series is also "Open" subject to point requirements (see below).

NHARA SUPER G SERIES: Jan. 25 & Jan. 26.

The first race on 1/25 & 1/26 count as part of the Macomber Cup Series although there is no point cutoff (all NHARA members may enter). The races are qualifiers for the Eastern NJR Junior Finals at Whiteface 3/9-13 and the Eastern USSA Finals at Okemo 3/4-7. The best race on 1/26 is part of the NHARA J II Championships. Fields may be limited in number of starters with preference for entry given to NHARA members until 48 hours before the race. After that the field may be filled by others, in order of receipt.

TECNICA CUP SERIES: Dec. 31, Jan 8, 14, 21, 28, Feb. 5 & 11

Any USSA Competitor may enter any of the Tecnica Cup races. Only NHARA members not eligible for Macomber Cup races will score points toward the Tecnica Cup. Those racers qualifying for Macomber Cup from the Tecnica races but do not start in a Macomber Cup race will be scored for Tecnica. Any racer starting in a Macomber Cup Race will not score any more Tecnica Cup points (but will keep those already earned). Only the racer's 4 best results will count toward the Cup. The winners of the Tecnica Cup, man and woman, will be eligible to enter the Eastern USSA Finals at Okemo 3/4-7.

MACOMBER CUP SERIES: Jan. 1, 7, 15, 22, 29, Feb. 4 & 12

Entries will be accepted from the following:

A. All racers with Slalom or Giant Slalom points less than points to be determined, on a USSA Late Fall Seed List. Cut-off points will be posted on the NHARA website by Dec. 15.

B. Any NHARA man finishing in the top three places, overall, and any NHARA woman finishing in the top two places overall in any of the NHARA races prior to 12/31.

C. Qualifying from the first two Tecnica Cup races* - those not already qualified will be selected. The number of qualifiers will be announced on the website at the same time as the Point Cut-offs (by Dec. 15).

* Entries limited to NHARA athletes. Other entries will be accepted in order of receipt if the race is not full 48 hours before the race.

D. The first woman and the first two men (overall, not previously eligible) in next 4 Tecnica Cups may enter the remaining Mac Cups including the Finals. **Names of Qualifiers will be posted on the NHARA Website.**

NHARA J II CHAMPIONSHIPS: Feb. 18 & 19

All NHARA J IIs should enter. These two races plus the best SG on 1/26 are qualifiers for the Eastern NJR Junior Finals (p 34) and the Eastern USSA Finals (p 32).

LAFOLEY SPRING SERIES: Feb. 25, 26, Mar. 3, 4, 10, 11, 17, 18, 24, 25 & Apr. 1.

Open Races, but only NHARA members score points toward the series standings. Out-of-state entries will be accepted in order of receipt until the race is full.

2nd yr J IIIs (born in 1997) may enter any of the races after 3/19. This includes the NHARA SG 3/21, MJ's 3/23, the 3 remaining Spring Series races: Mar. 24, 25, 4/1 and the UNH Fundraiser, 3/31. They will earn USSA points but not LaFoley Spring Series points. J IIIs must have a Competitor License to earn USSA points.

NHARA METHOD POINTS SCALE

Place points for scoring Tecnica Cup, Macomber Cup, NHARA J II Champs & the LaFoley Spring Series.

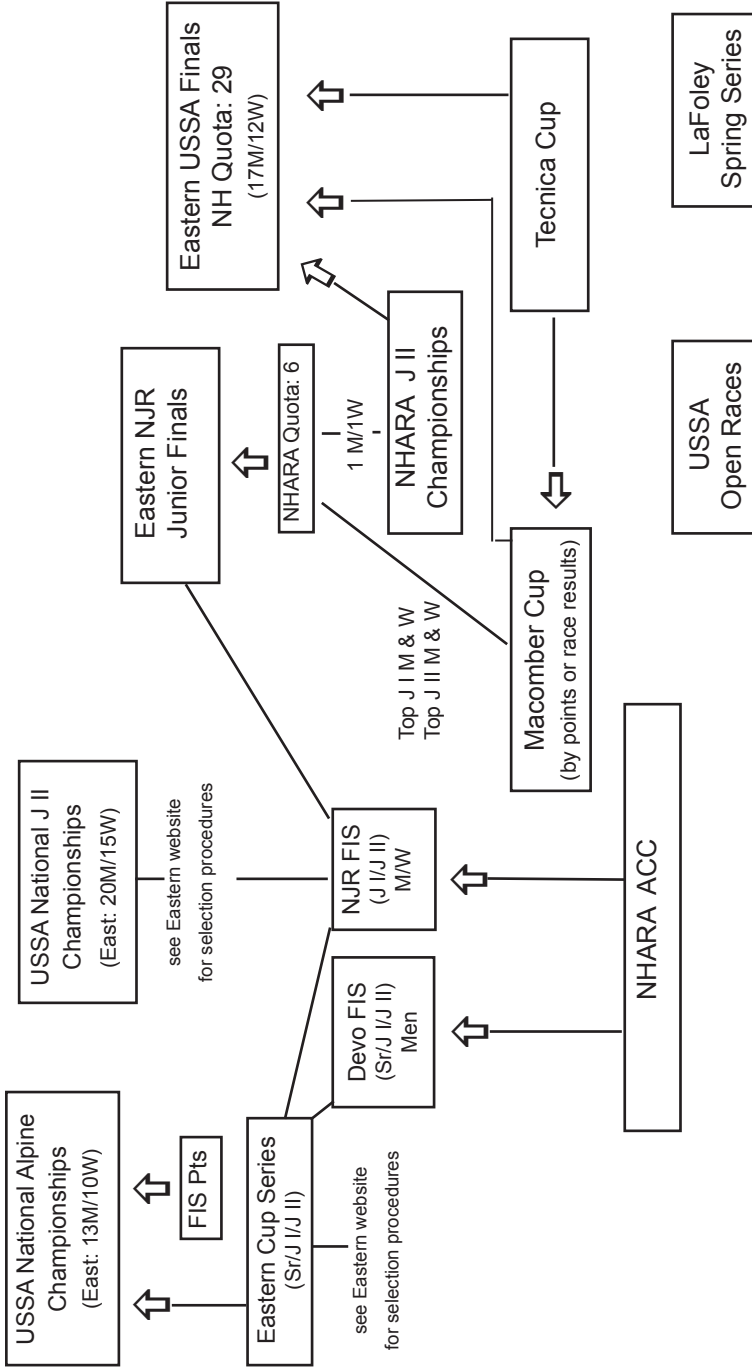
1 st - 50	9 th - 32	17 th - 24	25 th - 16	33 rd - 8
2 nd - 45	10 th - 31	18 th - 23	26 th - 15	34 th - 7
3 rd - 40	11 th - 30	19 th - 22	27 th - 14	35 th - 6
4 th - 37	12 th - 29	20 th - 21	28 th - 13	36 th - 5
5 th - 36	13 th - 28	21 st - 20	29 th - 12	37 th - 4
6 th - 35	14 th - 27	22 nd - 19	30 th - 11	38 th - 3
7 th - 34	15 th - 26	23 rd - 18	31 st - 10	39 th - 2
8 th - 33	16 th - 25	24 th - 17	32 nd - 9	40 th - 1

POINTS NEED CORRECTION ?

New Hampshire racers who believe that their seed points are incorrect should contact the NHARA Seed Review Chairman by mail or email. Do NOT contact Eastern or USSA directly. Please give name, address, USSA number, copy of Racer History sent you last summer if you raced in seeded competition last winter, and a copy of the race results in question. A list of the races which you have successfully finished should be included if you think you have not received proper credit. Your impression of what is wrong may be helpful. A check of the USSA Web site may help.

Please notify the NHARA Seed Review Chairman as soon as possible. It may be helpful to others as well!

NHARA J II Competition Progression



***see page 24 for Seeded Competition Progression details

Racers born in 1996: Welcome to NHARA Seeded Races

Seeded: your start order will be determined by your points on the current USSA Point List. In the your first race you are listed at 990. You hope to lower your points by finishing 2 runs of each race.

Points: See USSA Competition Guide for explanation of calculations. Your points will also determine whether you are eligible for the Macomber Cup Series.

Goals:

1. Place well in the Tecnica Cup Series which will also mean lowering your Seed Points and possibly qualifying for Macomber Cup.
2. Qualify for the Macomber Cup Series.
3. Place well in the NHARA J II Championships.
4. Qualify for the NHARA Team to the Eastern NJR Junior Finals..
(You must have a FIS license no later than Feb.1, 2012 for this)
5. Qualify to the National J II Championships.

See below and the NHARA Website for further information.

Tecnica Cup: a series of Open Races scored for NHARA racers who choose to remain Tecnica eligible (do not start a Macomber Cup race).

Macomber Cup: A series of races for those with points below a level published on the NHARA website in early December or racers who qualify from Tecnica races. See page 26.

NHARA Team to Eastern NJR Junior Finals: 6 NHARA racers, See page 34. **Team to National J II Championships:** Eastern Region selection. See USSA Competition Guide or the Eastern Website (www.ussaeast.com) for details.

RANKING SYSTEM FOR SEEDED RACERS

Refer to the USSA Alpine Competition Guide for information relating to how the point system works.

RACERS NEW TO NHARA

This information may be particularly helpful to first year J IIs and/or anyone who is new to our program in NHARA(New Hampshire Alpine Racing Association).

RACING CATEGORY

1) *Getting Started*: This includes all first year J IIs and any skiers who come from out of state. This group usually has the same questions about how things work regardless of the experience level. The focus here is establishing a USSA point profile and qualifying for the Macomber series. Since most of these skiers are J IIs, they all have a chance to qualify for the season ending age group Championship events.

2) *Established*: This group has already established a point profile and has a pretty good handle on which events are important in their racer management. Their focus is qualifying for the Championship events in March and trying to make criteria for FIS starts. Gaining entry to the FIS races allows them to establish their FIS point profile and to continue improving their USSA point profile.

3) *Advanced*: This group is usually comprised of the top tier skiers and is the level that we hope to see all of our skiers reach during their time in NHARA. The focus of this group is usually centered around FIS racing. These athletes are already qualified for all the NH races and may not attend a large number of these events due to conflicts with the FIS schedule and training time. Both the athletes and parents of this group have a pretty good handle on how things work.

RACE SERIES

1) *Tecnica Cups*: This series is designed for the “getting started” group. Essentially an open race, the field size is usually a bit smaller which provides the opportunity to gain experience and confidence and to get your point profile established. In addition each Tecnica Cup race qualifies a few skiers to the Macomber series. Scores within the season series are kept with top finishes winning some booty from the series sponsor – Tecnica.

2) *Macomber Cups*: This is an important series for the established and the advanced skier. This series has a specific point level of qualification (last year it was 120) which is announced in early December. Once determined, the cutoff will be posted on the NHARA website-nhalpine.org. Making this series is usually a goal for the “getting started” group. This series is scored and the results are used as selection criteria for the end of season Championship events. Although not listed as a Macomber series race(s), the

NHARA SGs are included in the Macomber scoring for the Championship events. The difference is that the NHARA SGs are open to all competitors (no point criteria, open race).

3) NHARA SGs: These are the in-state speed opportunities and are open races. Historically these events are held at Cranmore and Attiash and are great entry level speed events. The results are used in combination with the Macomber series scoring and with the J II State Champs scoring to select teams from New Hampshire for the Championship events.

4) JII State Champs : An in-state J II Championship which is used in combination with the NHARA SGs to select a NH Team to the Eastern NJR Junior Finals.

5) LaFoley Spring Series: A race series hosted by the LaFoley Family with some nice trophies for the series winners. These are open races with no qualifying pressures. J IIIs become eligible (after J III Regional events are over) for these starts.

6) FIS RACES: Selection method and age group quotas will be posted on the Eastern website (www.ussaeast.com).

A. “Eastern Cups” represent the “next level” of racing and getting FIS starts is a goal for most aspiring skiers. Participating in these races requires a separate racing license and an established level of USSA experience. Selection to these events is regionally based (by USSA points). It is high level competition and the field is full of the best college skiers and occasionally National Team members. **There is no longer a state quota for these events.**

B. Development FIS/NJR FIS: this is a relatively new class of FIS racing designed for younger skiers and/or less experienced skiers. Race winners from the Devo and NJR races move on to the next series. See page 33 and the Eastern website (www.ussaeast.com) for more details.

C. FIS University races: These are college carnival races which are FIS events. Occasionally some of our top NHARA skiers qualify for these races through a regional development quota.

It is really important for the racer to plan his/her season and to balance training with race starts.

Your coach can help you set up a racer management plan that is appropriate for you. An optimal number of race starts allows for adequate training and rest. Constant monitoring of racer management is necessary to be successful and there is no true formula.

EASTERN REGION RACING

There are several events to which NHARA racers may be invited as members of a New Hampshire state quota. NHARA will make the selections to these quotas according to the procedures outlined below. Notification will be by posting on the NHARA website. Coaches must confirm or deny participation within 48 hours. Empty spots will be filled immediately from the Alternate List.

The ACC Secretary will make the entries to the Eastern Office. Racers pay the Race Organization at the site or at the Seed Meeting (no late fee).

All racers training in New Hampshire must be members of NHARA to participate in these races.

EASTERN REGION USSA FINALS (SR, JI, JII)

Okemo: March 4-7, 2012

SG, GS, SL

NH Quota: 29 (17 M/12 W)

This 3 event series is filled through state quotas by athletes who have not qualified for the Eastern Junior Finals. **Race winners at this event will be automatics to the following year's NJR and Development FIS races.** See Eastern website for further details (www.ussaeast.com).

Selection Method:

- A. From Macomber Cup: 9 M/6W. 1 more than half of results.
- B. From NHARA J II Championships: 7 M/5 W. Ties broken by best result. No rescoring.
- C. From the Tecnica Series: 1 M/1 W. The overall winners (4 results to count).
- D. Extra spots to be filled by alternating between Mac list and J II list.

Team to the Eastern USSA Finals will be posted on the NHARA website by Feb 27. Coaches must respond by March 1 or the next alternate will be named.

.....

The NHARA ALPINE COMPETITION COMMITTEE (ACC) has the right and obligation to review, at any time, any and all selection criteria established by NHARA, and, in the event of unusual and unexpected circumstances, to revise, modify or waive application of any such criteria as they relate to the selection of individual racers. In the event that the ACC exercises its authority hereunder, its decision shall be subject to review and approval by the NHARA Executive Committee.

EASTERN REGION FIS RACING

All racers must have a FIS license and those training in New Hampshire must be members of NHARA.

FIS EASTERN CUP SERIES

This season long series is a stepping stone to the US Alpine Championships, Nor Ams and international events. **Selection to this Series is made by the Eastern Office.** See the Eastern website (www.ussaeast.com).

OPEN FIS EVENTS

See entry rules on the Eastern website, www.ussaeast.com.

12/10-11, 2011 Sunday River, VT - M/W 2 SL

2/12/2012 West Mountain, NY - M/W 1 SL

NJR and DEVELOPMENT FIS

These FIS events are designed for younger and/or less experienced skiers.

Devo FIS: 12/15-19/2011; 1/8-9/2012; 1/22-23/2012; 3/15-18 /2012

These 4 events are for Men only, all ages.

3/20-21/2012 Devo SG - Men and Women

NJR: These 4 events in February, for Juniors only, are qualifying events along with the Eastern Cup speed week results, for selection to the Eastern Regional Jr Finals and the Eastern Team to the J II Nationals. See Eastern website for details.

NHARA has a small quota (5M/5W) for these FIS events. The following procedure will be used to fill these spots: an NTSM list will be developed from the current USSA Seed List to include all current FIS licensed NHARA members, regardless of age using SL/GS; a meeting of the NHARA ACC will be held at least a week prior to the start of each set of races to select racers, considering standing on the NHARA NTSM list, recent results and coaches recommendations.

A racer must hold USSA and FIS licenses to be considered for selection to any NHARA quota spot. J IIs will be given preference.

SPEED WEEK

Sugarloaf, ME 1/30- 2/3 2012

Entry by request to the Eastern Office.

CARNIVAL RACING

Development spots available by request to the Eastern Office.

EASTERN REGION FIS RACING - CONTINUED

EASTERN NJR JUNIOR FINALS

Whiteface, NY March 9 -13, 2012

2 SG, 1 SC, 1 GS, 1 SL

NHARA Quota: 6 (3M/3W)

A current FIS license no later than Feb 1, 2012 is required.

Selection Method:

- A. From Macomber Cup Series the top J I man, top J I woman, top J II Man and top J II woman not already selected, scoring one less than half of the events contested with only 1 SG (best result).
- B. From the NHARA J II Championships the top man and woman not already selected, 2 results to count (NHARA method place point scoring - p 27).

Names of those selected will be posted on the NHARA website on Feb 27. Coaches must respond by March 1 or the next alternate will be named.

See Eastern Website (www.ussaeast.com) for further details.

FIS EASTERN CUP FINALS

Various sites March 15-19, 2012

GS, SL.

Selection is by Eastern criteria only (no state quota). See Eastern website for details.

NATIONAL EVENTS

J II NATIONAL CHAMPIONSHIPS

Mammoth, CA - March 5-12, 2012

Eastern Quota: 20 men/15 women

US NATIONAL CHAMPIONSHIPS

Winter Park, CO 3/28-4/1, 2012

Eastern Quota: 13 men/10 women

Quotas named by Eastern Office. See Eastern website for criteria.

NHARA STATE TEAMS

A State Team has been named each year since 1973 to provide recognition for the outstanding racers in New Hampshire and to support ski racing in the state by encouraging the team's participation in NHARA races. The privileges extended include free entry to all NHARA races and, with the compliments of Ski New Hampshire and its members, free skiing at all New Hampshire ski areas.

A State Development Team has been named for several years to provide recognition for the top Jr I and 2nd year Jr II racers in New Hampshire. These racers pay only the "head taxes" to enter NHARA races.

SGs are an exception. All team members must pay full fare for SGs.

All those named to State Teams shall have been licensed USSA Alpine Competitors the previous season and be current members. All those named to State Teams shall have been NHARA members the previous season and be current NHARA members at the time of selection.

All Team members must have started at least 3 NHARA races during the previous season and be prepared to participate in at least 3 NHARA races during the upcoming season. (MJ's race and the UNH race do not count.)

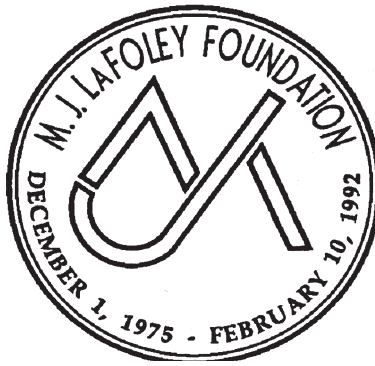
STATE TEAM: 12 Men and 7 Women. Selection criteria:

- NTSM from the November USSA Seed List of all eligible Senior, Jr I & Jr II racers, SL &GS only.
- Ties are broken by the best rank in the other discipline.

DEVELOPMENT TEAM: Up to 10 Men/10 Women. Selection criteria:

- Selection from the November USSA Seed List Age Group Rankings.
 - a. Men in the top 50: SL, GS and SG. Ties broken by next best ranking.
 - b. Women in the top 30: SL, GS and SG. Ties broken by next best ranking.
- Any remaining spots may be filled from future USSA Seed Lists as above.

NOTE: NHARA State Team Selection Criteria should be evaluated yearly by a committee appointed by the NHARA president.



“M.J.’S” RACE

March 23, 2012

Thank you racers, families, coaches and corporations for supporting the “M.J.” Foundation and enabling us to promote competitive skiing and athletic support of our NHARA youth.

We look forward to the 2011-2012 season and encourage those racers and youth needing financial aid to apply in writing to the:

Martin-John LaFoley Foundation
c/o Beverly L. LaFoley
PO Box 1763
Meredith, NH 03253

www.mjfoundation.org
email:bevlafoley@gmail.com

Good luck in 2011-2012!
The LaFoley Family

FINANCIAL SUPPORT FOR NHARA RACERS

EASEF - support is used to directly reduce the cost of all athletes who participate in certain high level events such as Nor Am, US Nationals, J2 Nationals and various USSA camps. See the Eastern website (www.ussaeast.com) for further information and forms.

Out-Of-Division Events

NHARA racers participating in the **Nor-Ams, US Alpine Championships, J2 Nationals, and/or J III & J IV International Events** may receive support from NHARA:

To be eligible for this support the racer must belong to NHARA and have started at least 4 NHARA races in the current season. (MJ's race and UNH Fund Raiser do not count)

Checks will be issued in May with amounts to be determined by the Racer Support Committee after considering the funds available and costs to racers.

Camps

NHARA racers invited to National Camps should apply to the Racer Support Committee for support. This application must include a budget. To be eligible, the racer should have started at least 4 NHARA races in the most recent season, and must be a current NHARA member. Support for up to one third of the cost to the racer could be granted. Application forms are available from Dan Marshall.

Elite athletes should be aware of the funds available from Friends of New Hampshire Skiing for participation in US Ski Team Development Programs. For further information: contact Karl Stone, Ski New Hampshire, PO Box 528, North Woodstock NH 03262.

NHARA Heritage Fund

This fund has been established to provide support for former NHARA athletes in their quest to make the U.S. Ski Team. NHARA racers in need of general financial aid should be aware of the following sources.

Douglas Alafat Memorial Ski Foundation,
PO Box 367, Lebanon, NH 03766

Josh Russell Ski Racing Scholarship Fund, contact Peter Russell
at pmrhop@sol.com; www.jrskiracing.org.

"M.J." LaFoley Foundation, c/o Beverly LaFoley, P.O. Box 1763,
Meredith, NH 03253; email: bevlafoley@gmail.com;
www.mjfoundation.org

Fast Skier Scholarship, c/o Brad Williams, World Cup Supply,
Ely Road , Suite 1, Fairlee VT 05045; 800-555-0593 or
802-333-3711 ; www.worldcupsupply.com

USSA MASTERS ALPINE RACING

www.nemasters.org

Racers 18 years of age and older are eligible to participate in all sanctioned USSA National and Divisional races for Masters (age as of Dec. 31, 2011). Racers must have a current USSA license (Masters, Student or Competitor if 18 to 24 years of age, Coaches if under 40 years of age or Temporary - see website for more specific info). Competition is divided into classes or five-year increments, determined by age.

Entry Fees, Procedures and Deadlines:

Entries must reach race organizers by the Wednesday before the race to assure entry into the race and avoid late fees. A separate entry form and check should be submitted for each race entered. On line registration will be available for most or all races this season. See the Masters website for details.

NEW ENGLAND MASTERS ALPINE RACING

New England Masters Skiing, Inc. is a non-profit corporation which administers the Sise Cup Series. This series offers a season-long schedule of races. There are prizes for individual races and several two or three race events as well as overall and individual discipline season awards to the best male and female racer, and age class champions. Scoring is a modified world cup point system. Race rules are those of the FIS except as modified by USSA, the USSA Alpine Masters National Working Group and New England Masters Skiing, Inc. Awards and social gatherings are held after each race.

NEW ENGLAND MASTERS SKIING INC.

Jim McKeon, Exec. Dir., 1378 Colonial Drive, Rutland, VT
Cell: (802) 558-8557 director@nemasters.org

Nadine Price, President, 272 Lookout Rd., Pittsfield, VT 05762
(802)746-8850; nprice@ntp-associates.com

HIGH SCHOOL RACING

Many NHARA athletes train and compete during the week with high school teams providing these athletes with valuable midweek training. Several NHARA programs link with the high school programs with cross over coaching and by helping the high schools host races.

During President's week the top 10 male and female skiers from the four high school divisions ski in the NH Qualifier for the Eastern High School Championships. This event is a best two out of four run shootout to pick the 20 male and female athletes who will ski for NH at the Eastern High School Championships.

The Championships have been hotly contested for over twenty years. The site rotates between ski areas in New Hampshire and Vermont. Held in mid March, the Championships are a USSA scored event with teams from as far away as New Jersey and Wisconsin.

In recent years the NH teams have dominated the Championships with their strong skiing and their team spirit. This success reflects the strength and cooperation of the high schools and the supporting NHARA programs. Joe Poole is the NH Coordinator and Dan Marshall is the Chairman of Eastern High School Racing.

NHARA Team to the Eastern High School Championships Cannon Mt. NH March 10-12, 2011

Girls:

Nika Mosenthal
Amber McPherson
Paige Roberts
Liza Tetley
Taylor Gardella
Emily Leich
Ashley Loughran
Kelsey Neely
Kelsey O'Rourke
Madeline Hansen
Melina Mauceri
Jessa Fahey

Boys:

Jake VanDeursen
Anders Hanson
Matt Halupowski
Michael Workman
Cali Hatem
Blake Linehan
Ben Lambert
Robert Langlands
Emile Hatem
Kurt Niiler
Keeghan Odell
Jason Hardy

Note: This year's event was a one day SL due to bad weather forcing cancellation of the GS

CHILDREN'S OPEN RACES 2011-2012

J III, J IV, J V, JVI

<u>DATE</u>	<u>SITE</u>	<u>EVENT</u>	<u>D</u>	<u>FEE</u>	<u>TIME</u>
12/17/11	Bretton Woods	Minahan Night Race	GS	\$39	4:00
12/29/11	Attitash	Stan & Dan	GS	\$39	9:30
12/30/11	Crotched Mt.	John Eneguess Mem.	GS	\$39	9:30
12/31/11	Waterville	Dan Cardillo Race	GS	\$39	9:30
1/01/12	Cannon	New Year's Open	SL	\$39	9:30
1/01/12	Cranmore	Schneider Cup	GS	\$39	9:30
1/01/12	Pats Peak	Krantz Open	SL	\$39	9:30
1/08/12	Gunstock	Gus Pitou.	GS	\$39	9:30
1/08/12	Loon	Zwahlen Memorial	SI	\$39	9:30
1/08/12	King Pine	Fun Run (J4, J5, 6)	SL	\$39	9:30
1/14/12	Ragged Mt.	Cote Open-Dual Panel	SL	\$39	9:30
1/15/12	Blackwater	Fun Race (J4/J5/J6)	Dual	\$39	9:30
1/22/12	Sunapee	Bob Skinner Cup (J4/J5/J6)	GS	\$39	9:30
2/05/12	Attitash	Fun Race (J4/J5/J6)-Hero	SL	\$39	9:30
2/12/12	Black Mt.	Black Mt. SL (J4,J5,J6)	SL	\$39	9:30
2/12/12	Gunstock	Toni Buttinger	SL	\$39	9:30
2/22/12	Loon	Rogers Ski & Sport (J4,J5,J6)	SL	\$39	9:30
3/12/12	Cranmore	NHARA J4 BWL SG Champs	SG	\$56	9:00
3/17/12	Dart. Skiway	Tecnica Winter Fin.	GS	\$39	9:30
3/18/12	Wildcat	Sap Run	GS	\$39	9:30
3/18/12	Cannon	Pendoley Mem	SL	\$39	9:30
3/24/12	Mt Sunapee	Chip Gilroy T-Shirt	Dual GS	\$39	9:30
3/25/12	Pats Peak	Josh Russell Memorial	SL	\$39	9:30
3/31/12	Waterville	Dan Bean	GS	\$39	9:30
4/01/12	Crotched Mt.	Mug Race	Kombi	\$39	9:30

Please note: All of the above races accept J6s (except for the J4 SG), but not all races have separate age groups. Vouchers are required. See pages 15, 18 & 19 for info on how to enter races. Some clubs are accepting on line registration for their races. Check with the NHARA website to see if this option is available.

CHILDREN'S RACING

(J III, J IV, J V, J VI)

NHARA Children's Racing programs provide an opportunity for boys and girls 14 and under, to develop their skills and experience the benefit of competitive alpine ski racing. The Children's Racing ladder is designed for easy entry to the sport of ski racing and strives to provide appropriate levels of the development and racing experience for each age group. As skills develop, the more experienced racers can advance to regional events and beyond. The Buddy Werner League (BWL) supports athletes in the 9-10 yr. old (J V) and 11-12 yr. old (J IV) age groups.

An important organizational element in the BWL and J III programs, is the grouping of racers and events by Divisions. Divisions are configured with sensitivity to geographical compatibility and manageable field sizes. The BWL and J III Divisions are listed on the following pages.

In addition to Divisional events, there are extensive opportunities to race in USSA Open Races. The local Open Races are of a type and schedule to have the added benefit of serving as preparation for the Divisional events. All participating athletes must have the appropriate USSA Membership as well as NHARA Membership. NHARA membership is not required to enter USSA Open races. Both memberships are required for BWL events. Additional USSA and NHARA membership information can be found on page 15. J IIIs must have a Competition License (\$140) to compete in Qualifying races.

.AGE GROUPS

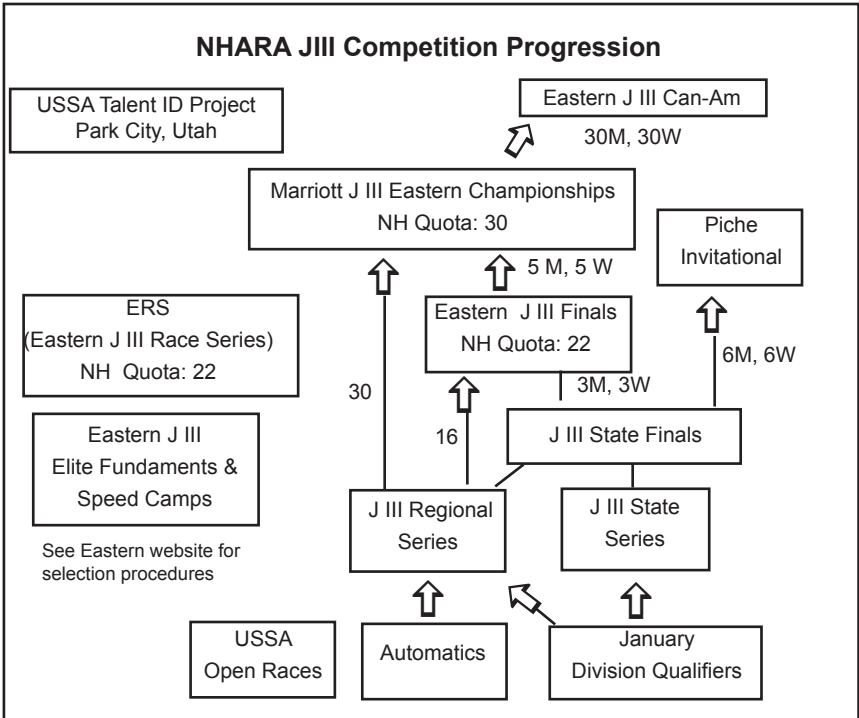
J III	13 & 14	Born in 1997 & 1998
J IV	11 & 12	Born in 1999 & 2000
J V	9 & 10	Born in 2001 & 2002
J VI	8 & under	Born in 2003 or later

CLUBS

Participants in the J III Program and the Buddy Werner Program in New Hampshire **must be members of a NHARA Club**. All races are entered as TEAMS by coaches. Do NOT send vouchers or money. Racers must show current NHARA and USSA cards at Registration. Team lists must include year of birth and USSA number. J IIIs must have a Competition License (\$140) to compete in Qualifying races.

Independent racers may enter NHARA Open Races provided that they are USSA members.

J III PROGRAM



J IIIs race within their Divisions for most of January. In late January, athletes move to either the Regional Group or the State Group.

The Regional Series will have a field size of 125. Part of this field will be selected from last year's results (automatics). The remainder will come from results in the January divisional races. Quotas for the divisions will be posted on the website after January 16th. Quotas and gender distribution will be determined by participation in the first divisional qualifiers. Automatics will be the same for girls and boys.

Automatics Criteria: in the top 10 at BWL States; top 10 returnees from Regional series; in the top 10 at the J III State Finals.

J III DIVISIONS

East: Attitash, Bretton Woods, Cranmore, King Pine, Wildcat

Central: Franconia, Gunstock, Holderness, Loon,
Waterville Valley BBTS/New Hampton School (WVNHS)

West: Cardigan, Crotched Mt., Ford Sayre, Kimball Union Academy,
Lebanon Outing Club, McIntyre, Pats Peak, Proctor, Ragged Mt.,
Mount Sunapee, Upper Valley Ski and Snowboard

J III Division Qualifiers

East:	1/08/12	Cranmore	GS	\$44
	1/22/12	Black Mt.	SL	\$44
Central:	1/15/12	Gunstock	SL	\$44
	1/22/12	Waterville Valley	GS	\$44
	1/29/12	Loon	min/GS	\$44
West:	1/08/12	Pats Peak	SL	\$44
	1/22/12	Crotched Mt.	GS	\$44

J III State Group Series

2/3/12 Mt. Sunapee SG \$55

***Competitors must take a morning training run to compete in the afternoon race.

2/12/12 Waterville Valley SL \$44

2/26/12 Loon GS \$44

3/3-4/12 Mt. Sunapee SL/GS \$85/2days;
\$45/1day

J III Regional Group Series

2/01/12 Mt. Sunapee SG Camp \$55

2/02/12 Mt. Sunapee SG \$55

***Competitors must take a full training run on 2/01 to be eligible to race on 2/02

2/12/12 Wildcat SL \$44

2/26/12 Cranmore GS \$44

Note: No voucher is required for Qualifiers. Entry fees are payable the day of the race. Check with your coach for Start times.

Seeding for Regional and State Series

There are 4 randomly divided seeds for this series. The 1st run of each race will use a random draw within the seed; the 2nd run will be flip 30 BIBBO. Seeding sequence for the Regional series:

SL ABCD; **SG1** BCDA; **SG2** DABC; **GS** CDAB

Results for the Regional and State Series

This Regional Series will be scored by simple place points with ties broken externally (next best result) using the best 3 of 8 results. The 8 results are:

GS (3) - 1st run, 2nd run, race result.
SL (3) - 1st run, 2nd run, race result.
SG1 (1) - Race result.
SG2 (1) - Race result.

This State Series will be scored as above using the best 3 of 7 results.

TEAM AWARDS

NHARA J III Club Championship trophy: awarded to the top team in the February Regional Series. The top 4 results (male or female) will be used for each run of the Regional Series.

NHARA J III State Finals trophy: Scoring the 2 J III State Finals races using Old World Cup points. The top 4 results (male or female) will be used to score this event.

NHARA J III State Championships: Mt. Sunapee

March 3-4, 2012

All J IIIs may participate with the exception of the Teams to the JOs and Eastern Finals.

Seeding will alternate between the Regional Group and the State Group. Entry fee of \$85 payable at registration on the first day. Competitors must have their USSA and NHARA Membership cards in hand to register. Start Time: 9:30 AM each day.

Scoring for the State Finals: Old World Cup Points for the 2 race results. 1st tie breaker - best race result; 2nd tie breaker - lowest total time for the 4 runs. The top 3 boys and 3 girls will fill the NHARA Quota to the Eastern J III Finals.

Old World Cup/Continental Cup Points Scale

1 st - 25	4 th - 12	7 th - 9	10 th - 6	13 th - 3
2 nd - 20	5 th - 11	8 th - 8	11 th - 5	14 th - 2
3 rd - 15	6 th - 10	9 th - 7	12 st - 4	15 th - 1

EASTERN J III INVITATIONAL REGIONAL EVENTS

EASTERN J III ELITE FUNDAMENTALS CAMP

12/11-13, 2011 Burke, VT

40 athletes

Qualifying: Eastern Selection based on prior year's Eastern J III Championships GS/SL results. Remaining quota is discretionary and distributed based upon coach's recommendations submitted to the Eastern Office.

EASTERN J III RACE SERIES (ERS) - TEC

1/21-22, 2012 GS, SL - Whiteface, NY

NHARA Quota: 22

Qualifying: will be determined at the Fall CRC meeting.

EASTERN J III ELITE SPEED CAMP

2/6-7, 2012 SG - Sugarloaf, ME

40 athletes

Qualifying: Eastern Selection based on prior year's JO GS/SL results. Remaining quota is discretionary and distributed based upon coach's recommendations submitted to the Eastern Office. Refer to Eastern website (www.ussaeast.com) for further details on the above events.

EASTERN J III FINALS: Killington, VT

March 8-11, 2012

SG Tr, SG, GS, SL

NHARA Quota: 22

Qualifying: After the JO Team is selected, the next 16 will qualify from the February Regional events, continuing down the list. The first 3 finishers, boys and girls from the J III State Finals (2/27-28) will complete the NH Team to the Eastern J III Finals. The top 5M/5W in the Eastern J III Finals will advance to the Eastern J III Olympics.



3 Ely Road Suite 1, Fairlee VT 05045 800-555-0593 or 802-333-3711 www.worldcupsupply.com

MARRIOTT J III JUNIOR CHAMPIONSHIPS

SG TR, SG, GS, SL

Sugarloaf, ME - March 3/15-19, 2012

Quota: 30

Qualifying:

From the Regional Group: Qualifying is the best 3 of 8 results, scoring on the basis of 8 points (simple place points) consisting of 2 individual runs of SL, 1 SL combined, 2 individual runs of GS, 1 GS combined and 2 runs of SG. Ties will be broken by going to the 4th run and on (externally). Scoring is the same as for the J III Regional Series. Ties broken externally.

FRANCIS PICHÈ INVITATIONAL CHAMPIONSHIP

Gunstock - March 17-19

Qualifying: J IIIs: From the J III State Finals, using Old World Cup points (see see page 44 or the USSA Competition Guide) for the two race results. Regional Series athletes are not eligible for the Francis Piche Invitational. After the 3 qualifiers in each gender to the Eastern J III Finals, the next 6 places in each gender from the State Group are qualified as the NH J III State Team to the Francis Piche Invitational Championship.

INTERNATIONAL & NATIONAL EVENTS

EASTERN J III CAN-AM

March 24-26, 2012 Tremblant, QUE

See the Eastern web site for more info.

J III NATIONAL TALENT ID PROJECT (tentative)

April TBD - Park City, UT

USA will no longer field teams to the Topolino and Whistler Cup events. Check the Eastern website for details as they become available.

BUDDY WERNER LEAGUE - J IVs & J Vs

BWL DIVISIONS

- Eastern:** Attitash, Bretton Woods, Cranmore, King Pine, Wildcat, Black Mt., Abenaki
- Central:** Crotched Mt., Gunstock, McIntyre, Pats Peak, Ragged
- Northern:** Franconia, Loon, WVBBS
- Western:** Blackwater, Cardigan, Ford Sayre, Mount Sunapee, Upper Valley SS

The Jan./Feb. portion of the BWL schedule is a 3 race series (SL, GS) within each of the four divisions. Scoring is the best 2 of 6 runs. Results will be used to select those qualifying for the BWL Championships.

Note: 7 & 8 year olds may race in the Jan/Feb races (division qualifiers); only J Vs (9 & 10 year olds) and J IVs (11 & 12 year olds) are eligible for the BWL Championships and Finals.

BWL DIVISION QUALIFIERS

East:	1/22/12	Cranmore	GS	Qualifier	\$39
	1/29/12	Wildcat	GS	Qualifier	\$39
	2/26/12	Bretton Woods	SL	Qualifier	\$39
Central:	1/29/12	Ragged.	GS	Qualifier	\$39
	2/05/12	Pats Peak	SL	Qualifier	\$39
	2/26/12	Gunstock	GS	Qualifier	\$39
North:	2/05/12	Cannon	SL	Qualifier	\$39
	2/11/12	Loon	GS	Qualifier	\$39
	2/26/12	Waterille	min GS	Qualifier	\$39
West:	2/05/12	Skiway	GS	Qualifier	\$39
	2/12/12	Whaleback	SL	Qualifier	\$39
	2/26/12	Mt. Sunapee	GS	Qualifier	\$39

Note: No voucher is required for Division Qualifiers. Entry fees are payable the day of the race. Check with your coach for Start times.

SEVEN YEAR OLDS AND YOUNGER

Intense competition and race result focus is specifically discouraged for this development age group. It is within the discretion of each Division Chairman to determine race eligibility of seven year olds and younger in their respective Division's BWL races. This determination is to be driven by the best interests of the young athlete. If you have any questions please call your Division Chairman.

INVITATIONAL EVENTS

NHARA J IV & J V BWL FINALS: Gunstock March 3-4

Friday, Mar 2: Training Day - \$TBA payable at egistration
Saturday, March 3: SL for J IV and GS for J V
Sunday, March 4: GS for J IV and SL for J V

NHARA J IV & J V BWL CHAMPIONSHIPS: Cranmore March 11-13

BWL Championship events will be separated by age class then by gender.

Friday, March 9: Training Day - Fee TBA
Saturday, March 10: SL for J IV and GS for J V.
Sunday, March 11: GS for J IV and SL for J V.

Entry fee of \$80/2-day event for everyone payable at registration on the first day includes a tee shirt for each competitor. Competitors must have their USSA and NHARA Membership cards in hand to register. Start Time: 9:30 AM each day.

FRANCIS PICHÈ INVITATIONAL CHAMPIONSHIP

Gunstock - March 17-18, 2012

Qualifying: **J IIIs:** See page 46.

J IVs: From the BWL State Championship results, best two of four runs, simple place point basis. After the quota to the Eastern J4 Future Stars event, the next six places in each gender are named as the J4 NH StateTeam to the Francis Piche Champs.

J Vs: As above, best two of four runs, simple place point basis. The first six places of each gender are named as the J V NH State Team to the Francis Piche Champs.

EASTERN J IV ELITE FUNDAMENTALS CAMP

Burke, VT December 11-13, 2011

NHARA Quota: 8

Qualifying is from the 2011 BWL State Championships.

MARRIOTT J IV JUNIOR CHAMPIONSHIPS

Sunday River, ME - March 25-27, 2012

NHARA Quota: 26.

Qualifying is from the 2012 BWL State Championships, using the best two of four runs, on a simple place point basis.

EASTERN J IV CAN-AM

Sugarloaf, ME - March 31-April2

Qualifying is from Marriott JIV Jr. Championships: 30 Boys/ 30 Girls

2010-2011 SERIES RESULTS AND TEAMS

MACOMBER CUP TEAM SCORING

	<u>Team</u>	<u>Women</u>	<u>Men</u>	<u>Total</u>
1	HOLD/FSC	2635	1305	3940
2	WVBBTS/NHS	1639	2165	3804
3	MWV	779	891	1670
4	UNH	595	915	1510
5	PROCTOR	897	401	1298

MACOMBER CUP FINAL STANDINGS

Women:

1	Amanda Engelhardt	HOLD	318
2	Daniella Hemsley	BBTS	310
3	Michelle Solomon	FSC	295
4	Annie D'Elia	BBTS	263
5	Nika Mosenthal	BBTS	243

Men:

1	William Colt	PSU	347
2	Taber Engelken	WVNHS	284
3	Neal Hansen	UNH	270
4	Mansfield Middleton	PROC	198
5	Brennan Smith	BBTS	184

TECNICA CUP FINAL STANDINGS

Women:

1	Eileen O'Shea	SUN	173
2	Katherine Bradley	FSA	168
3	Taylor Cudhea	FSA	160
4	Jessa Fahey	PATS	153
5	Elizabeth Welch	MWV	143

Men:

1	Austin Nadeau	BBTS	200
2	Darnell Holmes	BBTS	159
3	Evan Cooke	PATS	147
4	Spencer Kofoed	BBTS	146
5	Stephen Bogan	LRT	140

LAFOLEY SPRING SERIES FINAL STANDINGS

Women:

1	Emily Hayes	HOLD	232
2	Connor Clemens	WVNHS	153
3	Jessa Fahey	PATS	150
4	Emily Starer	HOLD	145
5	Sylvie Bertrand	PROC	138

Men:

1	Matthew Couture	FSA	169
2	Spencer Kofoed	BBTS	157
3	J. Cali Hatem	GSC	131
4	Christian Avery	FSA	126
5	Shepard Emerson	FSA	118

NHARA RACERS TO THE U.S. NATIONAL ALPINE CHAMPIONSHIPS

Women: Emily Husson, Danielle Shannon, Caite Zelif, Julia Ford

Men: Kamden Burke, Shaun Dunstan, Brennan Smith, Ace Tarberry,
Warner Nickerson

NHARA RACERS TO NATIONAL J II NATIONALS

Sugarloaf, ME March 4-11, 2011

Women: Caite Zelif, Lily Ford, Willow Smith, Michelle Connacher,
Emily Husson

Men: Jake VanDeursen, Michael Bancroft,

NHARA TEAM TO THE EASTERN REGIONAL JR. FINALS

Whiteface., NY March 9-13, 2011

Women:

Nicole Adee
Sylvie Bertrand
Ryann Daley
Haley Sarausk
Michelle Solomon
Danielle Tidd

Macaela Wright
Claire Hodson
Nicole Cordingley
Carly Antionoli

Men:

Alvin Clemens
Garrett Quimby
Charles Lowth
Ryan Peel
Alex Petyerak
Jacob Morey

Stepper Hall
Blake Linehan
James Bannister
Ryan Gregory
Jay Mobilia
Stephen McLeod

NHARA RACERS TO THE USSA EASTERN REGION USSA FINALS

Gore, NY March 8-11, 2011

Women:

Elyse Clancy MWV
Mandy Cronin PROC
Paulina Karabelas MWV
Emily Leich MWV
Elizabeth Welch MWV

Men:

Cortland Begor PROC
Austin Florian MWV
Nathan Grevior PROC
William Henriques PROC
James Herbert KUA
Erik Johnson FSC
Robert Langlands MWV
Alexander Leich MWV
Jack MacClarence PROC
Ryker Nawrocki MWV
Michael Redmondi FSC
Nicholas Sherman LRT
Thomas Suglia LRT

2011 NHARA TEAM TO THE EASTERN J III CHAMPIONSHIPS

Okemo, VT March 11-14, 2011

Women:

Alice Merryweather	ATT
Jordan Watts	BBTS
Racheal Erhard	HOLD
Cameron Huftalen	PATS
Lea Rice	HOLD
Teagan Mosenthal	BBTS
Ellyn Pier	WILD
Emily Perryman	FS
Payton Spencer	LRT
Nicola Katz	BBTS
Mora Peterson	FSC
Rachel Nawrocki	WILD
Lauren Barta	BBTS
Molly VanDeursen	ATT
Alexx Nawrocki	WILD
Liz Cameron	PROC

Men:

Peter Fucigna	BBTS
Andrew McCrossan	BBTS
Max Lash	HOLD
Jesse Osuchowski	HOLD
Sabri Eyuboglu	BBTS
Andrew Solomon	FSC
AJ Barry	BBTS
Lucas Tinkham	ATT
Christopher Hyland	LRT
Aidan Wheeler	GSC
John Marquardt	RMST
Perry Craver	HOLD
Peter Sugar	LRT
Logan Slattery	FSC
Pate Campbell	BBTS
Speight Drummond	CMS
James Larsen	BBTS
Riley Ewing	FSC
Nate Spitz	FS

2011 TEAM TO THE EASTERN J III FINALS

Sunday River, ME March 3-6, 2011

Women:

Lauren Barta	BBTS
Molly Van Deursen	ATT
Marika Nawrocki	WILD
Alexx Nawrocki	WILD
Hadley Starer	FSC
Oliveo Popeo	FSC
Liz Cameron	PROC
Lexis Hanus	LRT
Jillian Salvucci	BBTS

Men:

Nicholas Solomon	FSC
Tyler Eldridger	KP
Jake Rourke	CRAN
Nate Spitz	FS
Daniel Lannan	BBTS
Liam O'Reilly	GSC
Matthew Piispanen	LRT
Beck Stecher	GSC
Jacob Remick	KP
Keaton Quigley	GSC
Hayden Holland	CMS
Danny Nash	KP
Daniel Axelson	LRT

2011 NHARA J III STATE TEAM

Tori Zimmer	FSC	Daniel Axelson	LRT
Carly Jefferson	SUN	Christopher Bertram	BBTS
Neza Stefanic	BBTS	Colby Wilcox	PROC
Keeley Connors	FSC	Dillon Fitzpatrick	FSC
Lauren Sullivan	GSC	Nick LaCasse	BBTS
Angela Tidd	GSC	Lucas Hicks	BBTS
Jillian Thomas	PATS	Patrick McDernott	CRAN
Pearse Bourassa	LRT	Zac Chernin	FS
Erika Florian	WILD	Timothy Weeks	PATS
Meg Hemmerlein	SUN	Paul Klosterman	ATT

2011 TEAM STANDINGS

J III Regional Series

BBTS	673
FSC/Holderness	646
Loon	462
Attitash	392
Wildcat	361
Ford Sayre	238
Gunstock	219
King Pine	189
Pats	163
Mt. Sunapee	155
Cranmore	136
CMS	107
Proctor	28
Bretton Woods	12
UVS	7

J III State Finals

BBTS	101
Loon	85
FSC/Hold	70
Gunstock	62
Proctor	55
King Pine	37
CMS	31
Mt. Sunapee	27
Pats	22
Ford Sayre	20
Attitash	12
Wildcat	9
Cranmore	8
Bretton Woods	1

2011 BWL CHAMPIONSHIPS TEAM RESULTS

Place	Overall		Women		Men	
	Team	Score	Team	Score	Team	Score
1	BBTS	1343	BBTS	750	FSC	708
2	FSC	1142	CRAN	515	BBTS	593
3	SUN	650	FSC	434	SUN	518
4	CRAN	646	GSC	303	FS	407
5	FS	614	KP	301	GSC	306
6	GSC	609	LRT	274	LRT	202
7	LRT	476	FS	207	PATS	174
8	KP	301	CMCC	163	RMST	150
9	PATS	247	SUN	132	BW	147
10	CMCC	184	ATT	101	CRAN	131

2011 J V BWL STATE TEAM

Claudia Cantlin	GSC	Andrew Hanus	LRT
Kathryn Potter	FSC	Max Martin	SUN
Elizabeth Murphy	CRAN	Zane Zimmerman	GSC
Maureen Shumway	GSC	Casey Segal	FSC
Tatum Coutu	CRAN	Max Marchioni	BBTS
Avery Vilandrie	FSC	Oliver Morgan	FS
Emma Ryan	BBTS	Maklin Fitzpatrick	FSC
Kylie Willis	FSC	Ben Charleston	GSC
Ruby Antonioli	BBTS	Ben Lash	BBTS
Ashley Humhreys	CMCC	RDexter Hanson	FSC
		Hayden Dahl	FSC

2011 J IV BWL STATE TEAM

Katie Campbell	BBTS	Liam McKiam	FSC
Anna Foley	BBTS	Ryan Pratt	FSC
Kelsey Grant	BBTS	Noah Drummond	CMS
Risa Mosenthahl	BBTS	Owen Martinson	RMST
Kaylin Deschenes	CRAN	Chauncy Morgan	FS
Annelies Sugar	LRT	Walker Huff	BBTS
Emma Niiler	King Pine	Crowley Gentile	SUN
Sophia Sherman	Loon	Harrison Rohrer	RMST
Maya Bernier	King Pine	Hunter Brayton	BBTS
Madelyn Glavin	King Pine	Jack Armstrong	BBTS

Invited to the EASTERN J IV CHAMPIONSHIPS Waterville Valley, NH March 20-22, 2011

All members of the BWL J IV State Team (boys & girls) listed above plus the following:

Gabrielle Quimby	BBTS	Giovanni Lazzari	BBTS
Kelly Moririssey	CRAN	Christopher Overmee	BW
Victoria Chermin	FS	Benjamin Slater	BBTS

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BSC	Blackwater Ski Club	www.andoveroutingclub.com
BW	Bretton Woods	www.bwskiteam.org/
CMCC	Crotched Mt.	www.crotchedmountainracing.org
CMS	Cardigan Mt. School	www.cardigan.org
CRAN	Cranmore	www.cranmore.com
CSC	Colby-Sawyer College	www.colby-sawyer.edu
DOC	Dartmouth College	www.dartmouth.edu/~dartski
FS	Ford Sayre	www.fordsayre.org/
FSA	Ford Sayre Academy	www.fordsayre.org/academy.htm
FSC	Franconia Ski Club	www.franconiaskiclub.com
GSC	Gunstock	www.gunstockskiclub.org
HOLD	Holderness	www.holderness.org
KP	King Pine	www.kingpine.com/skiing.php
KUA	Kimball Union Academy	www.kua.org
LOC	Lebanon Outing Club	www.naturecompass.org/loc/
LRT	Loon	www.loonracing.com/
MCI	McIntyre	www.mcintyreskiarea.com/
MWV	Mt. Washington Valley,	www.mwvskiteam.com
NHS	New Hampton School	www.newhampton.org
PATS	Pats Peak	www.patspeakracing.org/
PROC	Proctor Academy	www.proctoracademy.org
PSU	Plymouth State University	www.plymouth.edu
RMS	Ragged Mt.	www.raggedskiteam.com/
SUN	Mount Sunapee	www.mountsunapee.com
UNH	University of NH	www.unhwildcats.com
UVSSA	Upper Valley Ski/Snowboard	uvssa.org/index.html
WILD	Wildcat Mt. A.E.F.	www.wildcatskiteam.com

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- A voucher must be accompanied by a check for each racer wanting to enter an event. (e.g. 4 entries require 4 vouchers & 4 checks)
- Please do not change the size of the form.

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City	State	Zip	Area Code & Phone ()
Name of Race	Location	Date of Race	
USSA #			
Date Paid	Owes	Comments	Race Code

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